



Nutritional Information

Chermoula Paste		
Nutrient	Per 100 g	Per 15 ml serving
Energy	1333 kJ	267 kJ
Protein	3.0 g	0.6 g
Glycaemic Carbohydrate of which total sugar	10 g 3.3 g	2 g 0.7 g
Total fat of which saturated fat	30.2 g 2.3 g	6.0 g 0.5 g
Total dietary fibre	5.5 g	1.1 g
Sodium	1380 mg	276 mg