



## Nutritional Information

Basil & Lemon Pesto		
Nutrient	Per 100 g	Per 250 ml serving
Energy	1538 kJ	308 kJ
Protein	4.1 g	0.8 g
Glycaemic Carbohydrate of which total sugar	4.7 g 0.6 g	0.9 g 0.1 g
Total fat of which saturated fat	36.5 g 3.2 g	7.3 g 0.6 g
Total dietary fibre	2.4 g	0.5 g
Sodium	801 mg	160 mg